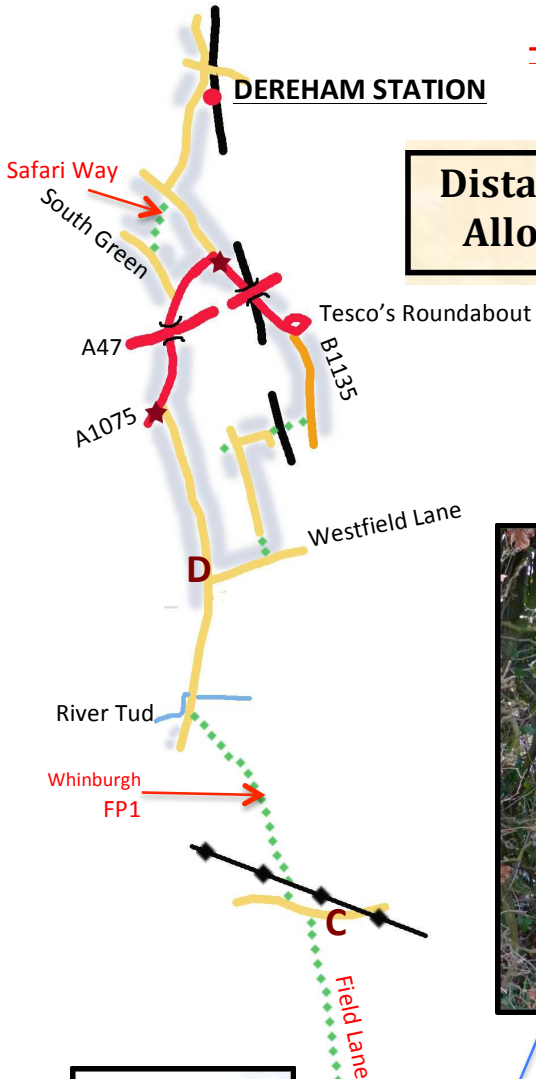
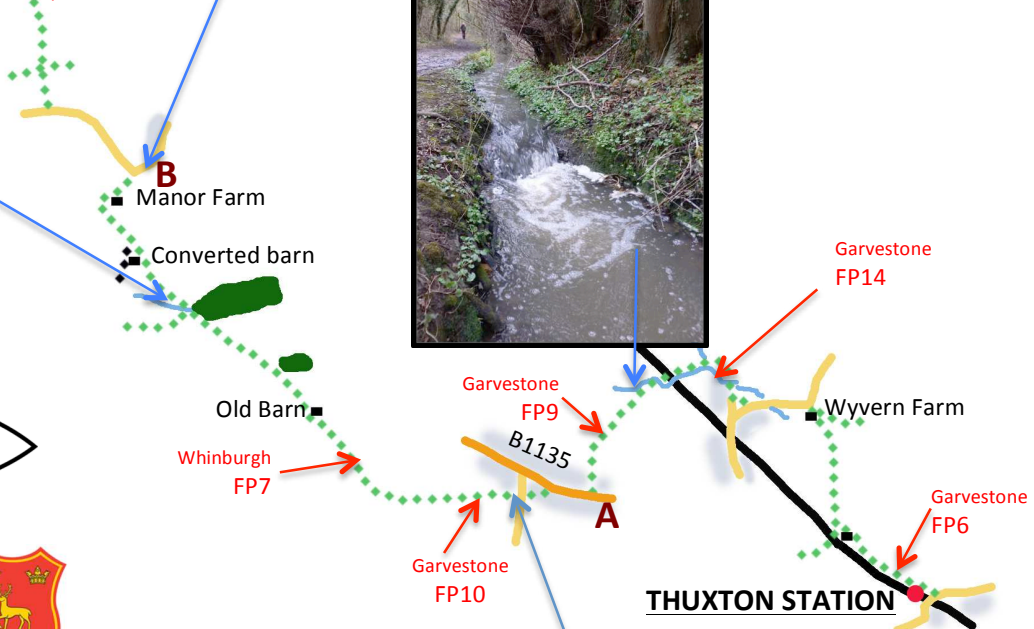


Walk from the Train
– from Thuxton Station back to Dereham Station



Distance 6 miles
Allow 3 hours

KEY	
Public Path or Track	
Other Track	
MNR Railway Line	
"A" Road	
"B" Road	
Other Road	
Building featured for Navigation	
Station	
Stream	
Woodland	
Housing or Industrial Areas	
Electricity Pylons	
Zebra or Pelican Crossing	



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Walk from the Train – from Thuxton Station back to Dereham Station

You may take a train ride to Wymondham Abbey station and then alight at Thuxton on your return journey and walk back to Dereham Station. Alternatively, you may choose to use the train to get to the start of a linear walk back to Dereham. The walk is 6 miles in length and you should allow about 3 hours to complete it. Please be aware that the car park at Dereham Station is locked shortly after the last train of the day returns to Dereham and the car park at Morrison's across the road operates a strict 3 hours only parking policy.

Walk out of the station at Thuxton and turn left and then immediately left again on a track beside the railway line (**Garvestone FP6**), continuing ahead into the driveway of "Lakeview Farm". When you reach the bungalow, turn left just beyond the building and then right, so that the meadow on your left. Cross a small plank bridge and stile and continue in the same direction to the corner of the hedge and then go diagonally right across the field towards Wyvern Farm until you come to a stile with a gate above it. Once over the stile continue towards the hedge ahead and then turn left to go through a gap beside the farm gate and continue down the drive to the road.

Continue ahead at the road, passing the bridged ford and a house on the right called The Meadow. Immediately after this house, you can go down the track on right and then turn right at the end. (As this is often muddy and you may prefer to continue on the road for a further 100 yards and turn right into Tanners Green.) Whichever way you chose to go, you will be on a track (**Garvestone FP14**) and come to another bridged ford. Bear slightly left at the next junction and continue on this track until you see a track gate ahead of you. Turn left here (**Garvestone FP9**) and follow the path along the left side of the field and continue to the railway line, which should be crossed with care. You will then be in an ancient green lane, with a small stream on the right hand side. After rain, the tree roots form a small waterfall and, even in the summer, you will often hear the trickle of water here. This stream and the streams at the two fords that you have passed are all part of the infant River Yare. The path emerges at the top in a field and the field boundary should be followed and continue to pass the garage at Field View and emerge at the B1135 road. **(POINT A)**

Cross the road and turn right here to walk along the pavement, turning left up a track, just before the 1st house on the left, by the chevron signs. Continue to the next road and cross it to the track ahead (**Garvestone FP10**). At the end of this tree lined lane, cross the track ahead, with a metal gate on your left and go through the gap in the hedge opposite. Continue to follow the field headland around two sides of the field, with the hedge on your left. You will emerge briefly into a wide green lane (**Whinburgh FP7**). Continue in the same direction into the field ahead and the hedge will now be on your right. Ahead you will see an old barn, which is being taken over by nature and the path goes around three sides of this barn and turn left at the track beyond. You will see another branch of the infant River Yare coming across the field diagonally ahead of you – the stream goes into a culvert under the track by the signpost for a footpath junction. Continue ahead on the track, passing a barn conversion and then the track swings to the right passing Manor Farm and more converted barns to reach the road. **(POINT B)**

Turn left here and continue on the road for about 500 yards to a track on your right. Turn right onto the track (**Field Lane**) and follow this track to the next road. Half way along this lane, you will be at the highest point of you walk and you will leave the Yare valley behind you and start to see the valley of the River Tud and the town of Dereham ahead of you. When you reach the road (**POINT C**), turn left for about 100 yards and then go through the gap at the side of the field gate on your right. You are now on a cross-field path (**Whinburgh FP1**) going down between the feet of the first pylon. Continue to the bottom of the field, aiming for the right hand end of the line of trees, and pass the first branch of the infant river Tud, going into a track to the road (Dereham Road). Turn right at the road passing another branch of the river Tud and when the road becomes Westfield Road.

As you approach houses by the staggered crossroads (**POINT D**), you have a choice of routes. A route that takes you back to the railway again is slightly longer. Turn right into Westfield Lane (by the Weak Bridge Warning Sign) and continue to the pedestrian entrance into Rash's Green just beyond the junction with Bridge Gardens. Turn left and follow the road down through the Industrial Estate until you reach Charles Wood Road, where you turn right. When this road bends to the right continue ahead following the waymarked footpath, crossing the railway with care and continue to Yaxham Road. You will pass a thatched cottage on your left here, and this building is the old Jolly Farmers Pub. Turn left here and continue along the pavement passing the Greenstone Pub and McDonalds. Cross the railway again and continue to pass Roy's store. Cross the road at the pelican crossing, heading towards the Railway Tavern and continue in the same direction to the mini roundabout junction, where you turn right into Station Road to return to the station.

An alternative way of getting back to the station is to continue straight down Westfield Road to the main A1075 road. There is a zebra crossing here and then turn right along Shipdham Road, under the A47 Bypass bridge and then turn left into South Green. A footpath on your right, signed **Safari Way**, takes you to Lynn Hill by the mini roundabout and you should continue ahead into Station Road and back to the station.