



Before starting this walk, please read the general leaflet

This walk starts from the town centre, using Konect service 21 (outside Barclays Bank) towards Fakenham.

1 Leave the bus at North Elmham, just after the cross roads and The King's Head. Walk ahead a short way, then turn right and follow Eastgate Street for ¾ mile, taking care along the central section which is without a footway, until it meets Station Road by the level crossing. To shorten the route, stay on the bus and alight here - the stop is called Old Rail Station. Go across the level crossing and cross to the other side of the road; continue for ¼ mile, then turn right down Worthing Road. Pass Worthing Mill and cross the river (Black Water, a tributary of the Wensum). Follow Church Road round to the right and after ¼ mile, reach St Margaret's Church on your left.



2 Continue along the road to cross the Mid-Norfolk Railway at a level crossing. Follow the road, with the railway line never far from you on the left, and on your right, there will initially be views across the flooded pits of Roostinghills (now a trout fishery). After about a mile, the road climbs to a point where on the left there is a track which

crosses over the railway, and on the right, there is a gate into Hoe Footpath 2.

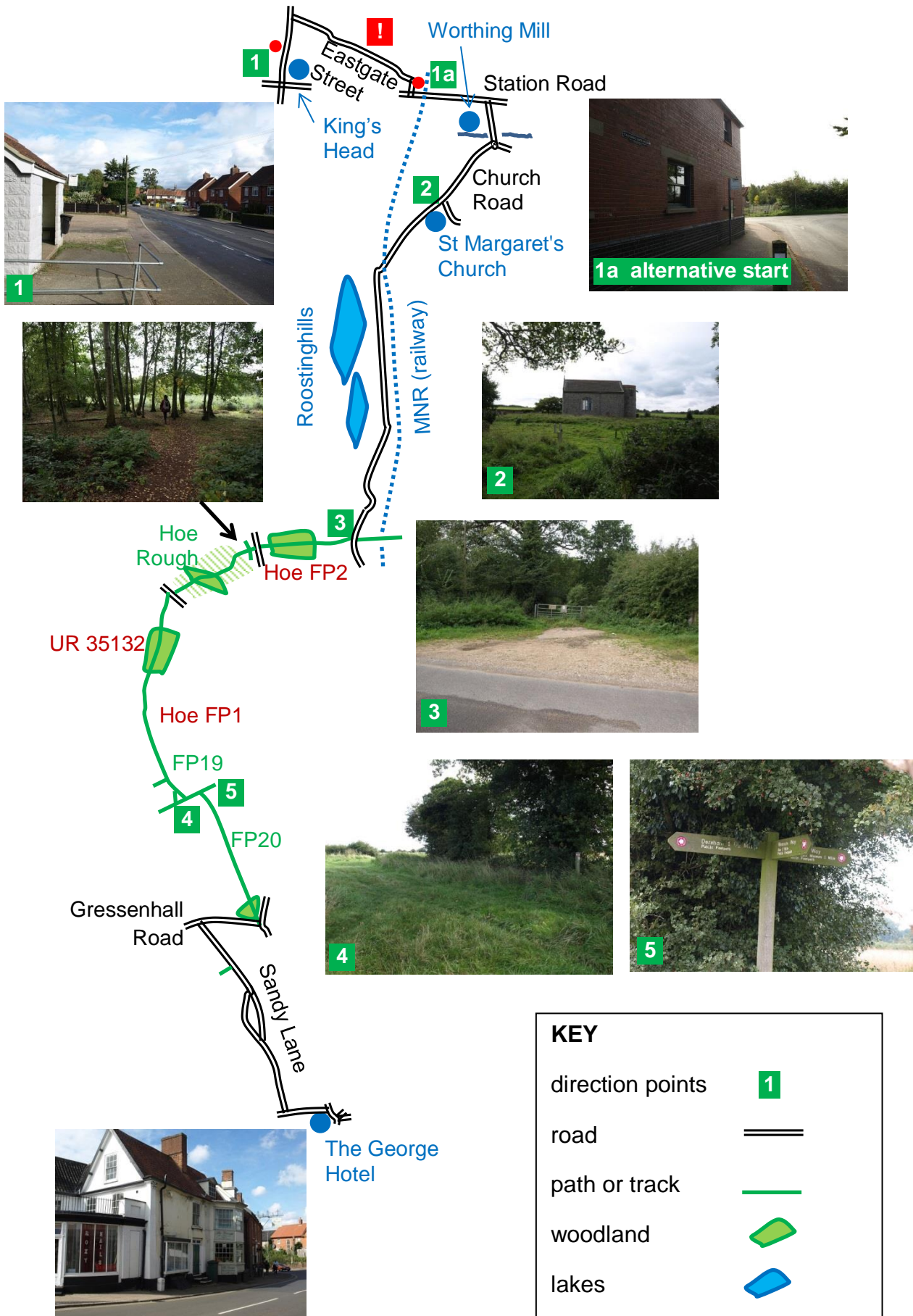
3 Turn right down this tree lined footpath, past the field on your right and into the woodland. Take the path slightly to the right which winds down through the wood, finally leaving on a short track to the road. Cross the road and go through the gate; after about 150 yards go through another gate to enter Hoe Rough, a Norfolk Wildlife Trust site.



Ignore paths to the left and right, but go ahead and diagonally to the left to emerge from the trees, before swinging to the right and following that direction to the exit gate by a small car park. If you want refreshment, Gressenhall Farm and Workhouse café, open seasonally, is five minutes' walk up the road to the right. Cross the road to the right, and walk up Mill Lane (following the course of the Wensum Way). This enters woodland as a grassy track - Unclassified Road 35132 - at the end of which it joins a surfaced track (now Hoe Footpath 1). Follow the track (which now enters Dereham to become Footpath 19), until it turns to the right: stay ahead on the grass track, keeping the hedge on your left, and continue to a staggered junction.

4 5 Turn left, then immediately right at the fingerpost, following the sign to Dereham (Footpath 20). Follow this initially sandy track between fields and then along the edge of a field, before entering woodland and emerging at a road junction. Turn right down Gressenhall Road, then first left up Sandy Lane. Follow this road until it swings gently to the right: here, go ahead on a narrow surfaced roadway (this is actually still Sandy Lane) behind the houses. This soon rejoins the main road: follow this down the hill to the pelican crossing. Cross the road here, then turn left up the hill. At the top, the road passes The George Hotel, outside which is a fine milestone, to enter the market place.





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KEY	
direction points	1
road	==
path or track	—
woodland	
lakes	
bus stop	•
care needed	