



## Dereham Walkers are Welcome

### The year starts here walk

10:00, Sunday 18 April 2021

## Start walking in 2021 on a better note!

The walk is planned to follow the route indicated on the map. There are no stiles or steps on this route. A full COVID-19 compliant risk assessment has been completed. The walk is about 5½ miles, taking about 2 hours, including a short break for rest and/or refreshments (none will be provided, please bring your own). Joining instructions will be given on receipt of your booking.

*Under Government guidelines, there are some specific requirements we have to make. Your booking on to this walk constitutes your acceptance of these requirements. For the safety and well being of all, we reserve the right to refuse participation to anyone who declines to follow these.*

Bookings are based on your acceptance that

- the walk will be organised so that everyone normally keeps a distance of at least 2 metres from all other participants (except those in the same household or bubble);
- where this cannot be maintained (eg at pinch points and/or when passing other people), a lesser distance can be accepted for very short periods; and
- your name and phone number must be given to Walkers are Welcome on booking, and these will be passed on to NHS Test and Trace if necessary.

There is no requirement to wear a mask, though you are welcome to do so if you wish. We suggest that you bring hand gel with you.

We are not setting a charge for this walk, but all our normal costs remain, so we are instead inviting a donation which you can make on the day. Alternatively, you can make a bank transfer to

Dereham Walkers are Welcome, 20-28-20, 43092402

## The route

The route may be changed if conditions necessitate this

